

# INTRODUCTION TO PSYCHOLOGY

Welcome to Psychology. Have a seat and make yourself comfortable, we are about to start class.  
Psych 101 is a general psychology course. This course represents a summary of the major theories, concepts, and treatment approaches in the field of psychology.

## PSY101

### Unit 1 Introduction to Psychology and Research Methods

Section 1: Introduction to Psychology

Section 2: Influence of Research on Psychology

Section 3: Experimental Research

Section 4: Types of Research

## PSY102

### Unit 2 Biopsychology

Section 1: Mind Body Connection

Section 2: Neurotransmitters

Section 3: The Brain and Nervous System

## PSY103

### Unit 3 Personality Development

Section 1: Introduction to Development, Personality, and Stage Theories

Section 2: Motor and Cognitive Development

Section 3: Erikson's Stages of Psychosocial Development

Section 4: Freud's Stages of Psychosexual Development

Section 5: Freud's Structural and Topographical Model

Section 6: Freud's Ego Defense Mechanisms

Section 7: Kohlberg's Stages of Moral Development

## PSY104

### Unit 4 Learning and Behavioral Psychology

Section 1: Introduction to Learning Theory and Behavioral Psychology

Section 2: Classical and Operant Conditioning

Section 3: Reinforcement and Reinforcement Schedules

## PSY105

### Unit 5 Sensation and Perception

Section 1: Introduction

Section 2: Sensation

Section 3: Perception

PSY106

Unit 6 Memory, Intelligence and States of Mind

Section 1: Introduction

Section 2: Memory and Forgetting

Section 3: Intelligence

Section 4: Relaxation and Hypnosis

PSY107

Unit 7 Motivation and Emotion

Section 1: Introduction

Section 2: Motivation

Section 3: Emotion

PSY108

Unit 8 Social Psychology

Section 1: Introduction to Social Psychology

Section 2: Our View of Self and Others

Section 3: Obedience and Power

Section 4: The Role of Groups

PSY109

Unit 9 Psychopathology

Section 1: Introduction and History of Mental Illness

Section 2: Classifying Psychopathology

Section 3: Psychiatric Disorders

Section 4: Stigma, Stereotyping, and the Mentally Ill

PSY110

Unit 10 Psychotherapy

Section 1: Introduction

Section 2: Types of Psychotherapy

Section 3: Therapy Providers